



__ACCOMPLISHMENTS: 2022__

EDUCATION__

- **FORUMS.** Four Forums were presented, the first three virtually and the fourth in person at the YMCA. Flyers were distributed in early January throughout the neighborhood. [numbers indicate participants]
 1. Jan. 20 Rest Assured: Mastering Sleep Fundamentals to Finally Get the Rest You Need (30)
 2. Feb. 10 Waste and Want Not: Recycling and Zero Waste 101 (31)
 3. Mar. 29 The Village District Shopping Center: Past, Present, and Future (34)
 4. April 19 Architectural Styles of Cameron Park (44-46)

SOCIAL ACTIVITIES__

- **PUB NIGHT** (first Tuesday of the month at Cantina 18). Jan: not held due to COVID precautions; Feb-March: held virtually; April-Nov: held in person; Dec: not held due to schedule conflict with restaurant.
- **LUNCH BUNCH** (third Monday of the month at Players' Retreat). Jan-March: not held due to COVID precautions; April-December: held in person.
- **SEMINAR:** "What's Bugging My Plants and What Can I Do About It?" Presentation by Leaf & Limb specialist Craig Blackmar, YMCA, July 23.
- **EXECUTIVE MANSION GARDEN TOUR.** N.C. First Lady and Forest Park resident Kristin Cooper hosted a tour of the Executive Mansion garden July 30 for fifteen people.
- **NEWCOMER PACKETS** were distributed to seven new residents.

COMMUNICATIONS__

- **TWO NEWSLETTERS** were distributed via email and uploaded as pdfs: Winter/Spring 2022 & Summer 2022.
- **A YOUTUBE CHANNEL** for Forest Commons was created at [youtube.com/@forestcommons9366](https://www.youtube.com/@forestcommons9366).

NEIGHBORLY ACTIVITIES__

- **SHORT-TERM ASSISTANCE.** Through the coordinator, there were at least 111 contacts providing information and referral to neighbors, 35 home visits, 32 food donations given to individual families, and 18 other offers of short-term assistance.

MISCELLANEOUS__

- **FOOD DRIVE.** A food drive was held May 14 for the Food Bank of Central and Eastern North Carolina.
- **NCSU INTERNS** in Social Work. Allyse Buck completed her internship in spring 2022. Olivia Huang began her internship in September 2022 for the 2022-2023 academic year.
- **VILLAGE TO VILLAGE NETWORK.** The board paid its \$200 annual dues.
- **TWO WOMEN'S GROUPS,** Marty's Mixed Nuts and the JULIETS group (ten women in each) continued to meet in person or on Zoom for playful adventures such as going to the N.C. Museum of Art exhibit "Art in Bloom."
- **OLLI PRESENTATION.** Ron Aycock and Marty Lamb made a presentation Oct. 3 with Raleigh Village East about our villages to an OLLI (Osher Lifelong Learning Inst.) Aging in Place class at NCSU.
- **FRAGRANCE GARDEN on the campus of the GOVERNOR MOREHEAD SCHOOL** (formerly the N.C. State School for the Blind and Deaf). While not an official project of Forest Commons, Board members Jan Crotts and Deb Bassett recruited volunteers to clean up the longtime untended garden and spent many hours themselves on the project.