



# ACCOMPLISHMENTS 2023

## EDUCATION

- **FORUMS.** Four Forums were presented. Flyers were distributed in early January throughout the neighborhood.
  1. Jan. 21 One Hundred Years of Growing Up and Living in Cameron Park as Experienced by Robert L. McMillan, Jr. (Zoom)
  2. Feb. 21 Adaptive Equipment (Alexander Family YMCA).
  3. Mar. 28 Current Cardiology: Problems, Diagnosis, Treatment, and Prevention Update (YMCA).
  4. April 20 Saint Mary's School: Why All Girls? Onsite tour and talk.



## SOCIAL ACTIVITIES

- **PUB NIGHT** was held the first Tuesday of every month at Cantina 18 (and was combined with the holiday party in December).
- **LUNCH BUNCH** was held every third Monday of the month at Players' Retreat.
- **TREE TOURS.** Two tours of significant Green Park trees were led June 11 and Nov. 5 by FP residents Bob Mosher and Julie Sherk.
- **VISUAL ART STUDIO TOUR.** Eleven Forest Park artists opened their studios during the weekend of November 11-12.
- **FOOD DRIVE.** A food drive was held March 18 for the Green Chair Project and the Food Bank of Central and Eastern North Carolina.
- **NEWCOMER PACKETS** were expanded and updated to reflect the neighborhood name change. Seven were distributed to new residents, with another promised to a couple renovating a house.



## COMMUNICATIONS

- **NEW BROCHURES.** The updated Forest Commons brochure was printed and distributed throughout the neighborhood in doorknob packs with the updated short-term assistance form and the flyers for the tree tour and the artist studio tour.
- **NEWSLETTER.** A six-page newsletter was distributed via email in April.
- **YOUTUBE CHANNEL.** The three 2023 Forum videos were uploaded on FC's YouTube channel.



## NEIGHBORLY SERVICES \_\_\_\_\_

- **SHORT-TERM ASSISTANCE.** Marty Lamb, Chair, reported that there were at least 203 contacts providing information and referral to neighbors, 49 home visits, seven offerings of relief for caregivers, 25 flower donations, 19 food donations given to individual families, and at least 19 other offers of short-term assistance.
- **AMBASSADORS MEETINGS.** Two meetings (7/29, 8/12) were led by chair Marty Lamb to discuss new volunteer roles in the neighborhood.
- **DATABASE of MEDICAL/ADAPTIVE EQUIPMENT FOR LOAN.** Kelsey McLachlan created a database of equipment that residents are willing to loan; the database was sent via the neighborhood listserv.
- **CRAFTING WITH PLANTS WORKSHOP.** NCSU Social Work Intern Olivia Huang led three 1½-hour sessions at the YMCA in January.

Interested in obtaining FREE short-term assistance from a friendly neighbor? If so, contact Cameron Commons volunteer coordinator Marty Lamb at 919-346-4992. You can fill out this form and mail it to our Cameron Commons address, or let Marty know you would like to get help. You can also go online and fill out a PDF at [www.cameroncommons.org/request](http://www.cameroncommons.org/request). Your neighbors are ready to help you.

**Cameron Commons**  
Neighbors Helping Neighbors

Website: [www.cameroncommons.net](http://www.cameroncommons.net)  
Email: [cccommoners@neighborlist.com](mailto:cccommoners@neighborlist.com)  
Phone: 919-346-4992 or 919-346-1456  
Mailing address: 314 Kinston St., #101 Raleigh, NC 27605

**SHORT TERM ASSISTANCE REQUEST**

I am interested in being helped with the following: *(Please check all that apply)*

Connecting with my neighbors

I choose to check in with me during bad weather and other times of concern.

I check in daily phone calls to see how I'm doing.

I caregiver relief - a short stay with my family member so I can take care of other things (including myself).

I'm working with a Cameron Commons neighbor.

A "needs of hubbie" to accompany me during appointments, so they can take what I need and help keep me on track.

Household help, upkeep and repairs

I'm requesting assistance in making minor repairs.

Taking out trash and recycling.

Support from Cameron Commons coordinator

I receive information and referral about resources.

I receive invitations to events.

I receive reminder calls from neighbor.

What activities do you prefer?

Weekends  evenings  afternoons  evenings

Weekdays  evenings  afternoons  evenings

What type of assistance do you prefer?

Ad hoc assignments arranged ahead of time.

A regular weekly time slot.

## Neighborly Services Volunteer Role

- Ambassador:**
- Keeps an eye out for activity on their street
  - Connects/introduces citizens to our village describing mission of our village to neighbors
  - Handing out occasional fliers
  - Answering initial, general questions regarding our village
  - Directing inquiries to the Volunteer Coordinator when that makes sense

## MISCELLANEOUS \_\_\_\_\_

**GRANT & FUNDRAISING GUIDELINES.** The Board approved guidelines for fundraising and grant proposals developed by an ad hoc committee of board members.

**NEW CONTACT INFO.** (1) The new P.O. Box is in the Oberlin Road USPS; address is 806 Oberlin Rd., Unit 13011. (2) The new email address is [ourforestcommons@gmail.com](mailto:ourforestcommons@gmail.com). (3) The second Google Voice phone number has expired; the existing number is 919-346-4992.

**MEMBERSHIPS.** (1) Village to Village Network. The board paid its \$225 annual dues, the level which allows one primary member and up to five secondary members to use its resources. (2) N.C. Center for Nonprofits. FC now has a paid membership with the Center.

**ADVISORY COMMITTEE.** In February, John Wall, Joann Sumner, and Laura Hales were approved as new members of the Advisory Committee.

**BOARD MEETINGS.** Meetings were held virtually once a month, usually on the first Saturday.

**TWO WOMEN'S GROUPS,** Marty's Mixed Nuts continued meeting monthly for dinner together for their 7th year. The Juliets met from time to time during the year including another adventure to Art in Bloom and the special Ruth Carter exhibit at the N.C. Museum of Art.

